

## CHECKLIST OF REQUIREMENTS FOR TEACHING CANDIDATES: HEALTH KINESIOLOGY CLASSES

- At least 200 hours HK Classes (repeats of classes do not count)
- Take HK1-5 Class at least 3 times and HK6 twice.
- At least 750 items / 100 hours HK work on self, this does not include work done in classes.
- Four years experience with HK after the HK Certification Process, or as a transition period until 21<sup>st</sup> September 2011 candidates who have 3 years experience of HK after attending HK6.
- Belong to your local appropriate Professional Kinesiology association.
- Submit formal application to become an Authorized Teacher of Health Kinesiology™ along with an up to date CV.
- Signed off by authorized examiner on Energy Readiness to Teach HK.
- Pass HK Teaching Exam, this will be brought into effect at a later date.
- Submit any class handouts that you intend to use, that have not been supplied by the HK Office, to the HK Office for approval.
- Submit copy for class schedules and advertising material to [amanda.scott@hk-training.org](mailto:amanda.scott@hk-training.org) prior to classes.
- Sign HK Teachers Contract
- Have logged 1000 hours of HK clinical practice from HK6 (you need the experience to handle any situation that might arise during a course). At least 80% of your practice must be HK work as we are looking for dedicated and focused HK tutors.
- Co-Teach HK1 with existing experienced teacher - who gives constructive feedback to the HK Office regarding the candidates energy readiness to teach.

EVENT	DATE	TIME CONSIDERATIONS	
		TIME ELEMENT	DEADLINE
Repeat HK1-3 Classes		Within 9 months before application	
Application Submitted		At least 1/2 of all requirements completed	
Complete Energy Readiness		No rules change for 9 months	
Complete Teacher Authorization		18 months after application	
Completed Teacher Authorization		Congratulations!	
Submit Class Schedule		120 to 60 days prior to class	
Teach First Class		9 months after Authorization completed	
After Teaching Class		30 days to submit roster and royalty	
Teach 3 classes, minimum		Within 2 years after Authorization	
Re-activation of Authorization		12 months after not meeting requirement	